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ACR Health
287 Genesee St., Utica, NY 13502

**Program Name:** The Q Center @ ACR Health, Mohawk Valley
**Contact Information:** 315-475-2430, www.acrhealth.org or email: qcenter@acrhealth.org

- **Social Media:**
  - Facebook - The Q Center at ACR Health
  - Instagram - theqcenter_at_acrhealth

**Brief Program Description:**
Offers a support center for LGBT youth:

- HIV, STD, and Hepatitis C testing.
- Youth and Parent Support Groups
- Case management, linkage & navigation for services such as HRT, mental health services, name & gender marker change

Offers Education and Technical Assistance to schools, providers, social agencies around cultural competency.

**Target Population:** Herkimer, Madison, and Oneida Counties

**Eligibility Requirements:** Ages 12-29, open to LGBTQ youth, young adults, and allies.

**Referral Process:** Referral link can be found at https://www.acrhealth.org/wp-content/uploads/2021/03/Q-Center-referral_fillable-3.8.21.pdf

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**Organization:** Arc Herkimer
350 South Washington Street, Herkimer, NY 13350

**Program Name:** various programs for people with intellectual/developmental disabilities or mental health

**Contact Information:** Arc Herkimer Outreach and Program Ventures Director at (315) 574-7000

**Brief Program Description:** Arc Herkimer provides a variety of programs and services for people with intellectual/developmental disabilities as well as some mental health programs. Programs include but are not limited to employment services, day and community based programs, parenting support services, guardianship, self-advocacy and respite services.

**Target Population:** youth and adults with intellectual/developmental disabilities as well as for mental health programs

**Eligibility Requirements:** must be deemed eligible based on documented intellectual/developmental disability or gone through intake process for mental health services.
**Referral Process:** Contact the Arc Herkimer Outreach and Program Ventures Director at (315) 574-7000 to discuss the most current programs offered by Arc Herkimer and to discuss the referral process and eligibility requirements.

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**Organization:** ADHD and Autism Advocacy and Psychological Services at Aspire Behavioral Health  
122 Business Park Drive, Suite 1, Utica, NY 13502 or  
1031 East Fayette Street, Syracuse

**Program Name:** ADHD & Autism Psychological Services and Advocacy

**Contact Information:** 315-732-3431, mail@aapsa.net

**Brief Program Description:** Provides psychological and neuropsychological assessments and treatment for a variety of learning disorders including ADHD and autism. Offers comprehensive evaluations for traumatic brain injury.

**Target Population:** Herkimer, Madison, Oneida, and Onondaga Counties.

**Eligibility Requirements:** Call for information

**Referral Process:** Call for appointment

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**Organization:** Catholic Charities of Herkimer County  
61 West St., Ilion, NY 13357

**Program Name:** Domestic Violence Non-residential Services

**Contact Information:** Jackie Ward, Program Director, 315-894-1860 jward@ccherkimer.org

**Brief Program Description:** Catholic Charities Domestic Violence Program of Herkimer County provides residential and non-residential services to victims of domestic violence and their children. Services provided are: 24-hour hotline, safe temporary shelter, supportive individual counseling, advocacy with family court, social services, hospitals, police departments, support group and information and referral. Assistance with NYS OVS Crime Victims Compensation. We are the only residential/non-residential domestic violence program in Herkimer County.

**Target Population:** We provide services to victims of domestic violence and their children throughout all of Herkimer County.

**Eligibility Requirements:** none

**Referral Process:** call program - 315-866-0458
Organization: Catholic Charities of Herkimer County
61 West St., Ilion, NY 13357

Program Name: Herkimer County Prevention Council

Contact Information: Melissa Snyder, Director of Prevention & Recovery Services; 315-894-9917
msnyder@ccherkimer.org

Brief Program Description: Prevention Service Coordinators works within a school district to provide universal and indicated services to youth. Services include evidence-based brief intervention, OASAS certified Prevention Counseling and assessments, evidence-based education, positive alternatives, community education and information and referral services.

Target Population: Herkimer County Youth grades K – 12 & Herkimer College students

Eligibility Requirements: Schools contract with the Herkimer County Prevention Council to have a Prevention Services Coordinator housed and providing services to their district 5 days a week from September – June. These services include evidence-based education, evidence-based brief intervention, Prevention Counseling and assessments, positive alternative, and parent education. Community education is provided upon request.

Referral Process: Referral process is individualized to the service being provided. Inquiries about programming or making a referral can be obtained by contacting Melissa Snyder at 315-894-9917 ext. 231 or msnyder@ccherkimer.org

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Organization: Catholic Charities of Herkimer County, 61 West St., Ilion, NY 13357

Program Name: Runaway and Homeless Youth Program

Contact Information: Rachael Case, Program Director 315-894-9917 (office) 315-866-1112 (24 hour hotline)
rcase@ccherkimer.org

www.rhyp.org

Brief Program Description: Provides a 24 hour hotline for crisis calls dealing with youth to age 20 who have either run away from home or are homeless. Case management services are provided to youth and families, with the goal of reuniting troubled families whenever possible, or finding suitable safe housing for older youth who cannot remain with their families. Utilizes a host home model, with volunteer families from the community providing short term shelter for homeless youth. Program staff provides mediation services to families, youth and family counseling, crisis intervention, advocacy for youth, transportation, mentoring, life
skills, and social recreation opportunities. The program is youth development focused, utilizing the Asset Development model.

**Target Population:** Runaway, Homeless, or at-risk youth in Herkimer County under age 21

**Eligibility Requirements:** Program serves youth under age 21 who are in Herkimer County and willing to work with the program

**Referral Process:** Youth may self-refer via call or drop in, or may be referred by local agencies or schools

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**Organization:** Catholic Charities of Herkimer County  
61 West St., Ilion, NY  13357

**Program Name:** *Student Assistance Counseling*

**Contact Information:** Melissa Snyder, Director of Prevention & Recovery Services; 315-894-9917  
msnyder@ccherkimer.org

**Brief Program Description:** Prevention Education Specialist works with indicated students and provides intervention, assessment, education and /or referral sources Grades 6-12

**Target Population:** Middle and high school students in grades 6 - 12.

**Eligibility Requirements:** Herkimer County students grades 6 - 12

**Referral Process:** Referrals made in house at schools

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**Organization:** Catholic Charities of Herkimer County  
61 West St., Ilion, NY  13357

**Program Name:** *Substance Abuse Education Program*

**Contact Information:** Melissa Snyder, Director of Prevention & Recovery Services; 315-894-9917  
msnyder@ccherkimer.org

**Brief Program Description:** HCPC provides evidence-based substance abuse and violence prevention education programming from Kindergarten through college.

**Target Population:** The program serves Herkimer County students ages 5 through college.

**Eligibility Requirements:** None
Referral Process: N/A

Organization: Catholic Charities of Herkimer County
61 West St., Ilion, NY 13357

Program Name: TREATY

Contact Information: Brittany Ward – Dorie, 315-894-9917x233 bward@ccherkimer.org

Brief Program Description: The TREATY Program (Teaching Reconciliation in Education to Administration, Teachers, and Youth) is a conflict resolution program. It is designed to specifically assess and target the needs of Herkimer County youth. The goal of the program is to make school’s safer and more supportive for students, as well as adults, by providing students with the skills needed to manage their own emotions, behaviors, and begin to resolve conflicts in a safe and healthy manner.

Target Population: The TREATY program Peace Builders Curriculum is offered to all school districts in Herkimer County in grades 4 -6. Herkimer County School Districts can also participate in the following TREATY Programs: Bullying/Peer Violence Peace Builders Curriculum: Grades 7-8, Peer Mediation: Grades 7-12, Refreshers: Grades 5-8

Eligibility Requirements: None

Referral Process: N/A

Organization: Center for Family Life and Development, 502 Court St., Suite 401, Utica, NY 13502

Program Name: Counseling Program

Contact Information: Cassandra Sheets 315-733-1709 csheets@cflrinc.org

Brief Program Description: This program provides counseling free of charge to Herkimer County youth (to age 21) and their families.

Target Population: Youth ages 0 -21 (and their families) who live in Herkimer County

Eligibility Requirements: Herkimer County residents with youth aged 0 - 21

Referral Process: Call Center for Family Life and Recovery to schedule an appointment, note that you are requesting to use the program provided by the Herkimer County Youth Bureau (free of charge)
**Organization:** Center for Family Life and Recovery  
301 N. Washington St, Herkimer, NY 13350

**Program Name:** Drug and Alcohol Screening

**Contact Information:** Colleen Bahr  
315-867-1226  
cbahr@cflrinc.org

**Brief Program Description:** We provide applicant/recipient with Drug and Alcohol screening if needed, to help determine whether alcohol and/or drugs would impact the ability to work. Refer/mandate individuals to a CASAC (Certified Alcohol Substance Abuse Counselor) for further OASAS regulated assessment and/or treatment if necessary.

**Target Population:** When an applicant is applying for temporary assistance eligibility, all adult head of household members and head of households (regardless of age) must be screened. An adult is defined as any individual in the household age 18 or older that is applying, or in receipt of, public assistance. There is no discrimination based on ethnicity, race, and gender. The applicant must be a Herkimer county resident upon application.

**Eligibility Requirements:** Any person who applies for cash assistance in Herkimer County is eligible. We also help community members who are not eligible for cash assistance if they seek out our help.

**Referral Process:** The referral is automatic from an examiner when someone applies for cash assistance. Based on an assessment, during a question/answer session, a referral may be made to the CASAC who will then mandate treatment if he/she deems necessary.

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**Organization:** Center for Family Life and Recovery, 502 Court St, Suite 401, Utica, NY 13502

**Program Name:** Preventive Counseling

**Contact Information:** Cassandra Sheets  
315-733-1709  
csheets@cflrinc.org

**Brief Program Description:** The program provides services including assessment, diagnosis, psychotherapy, group counseling and specialized therapies, provided by a Master’s level counselor or second year graduate student under the supervision of a licensed mental health professional, to children and families in need of counseling due to mental health and behavioral issues that have a negative impact on their ability to function on a daily basis. The issues present the risk of family disruption and could result in child abuse/neglect, PINS/JD behaviors and out of home placements. Counseling may focus on family preservation, family reunification, or permanency planning. Services are provided to children to help them return home from placement as soon as is possible, to help them prepare for adoption and to the natural parent prior to the relinquishment of parental rights.

**Target Population:** The target population are children and families who are referred by the Herkimer County Department of Social Services, who are in need of counseling due to mental health and
behavioral issues that have a negative impact on their ability to function on a daily basis. There is an emphasis on abuse and neglect issues, which places them at risk for out of home placement or termination of parental rights.

**Eligibility Requirements:** Children and families who are involved with Herkimer County Department of Social Services.

**Referral Process:** Contact Center for Family Life and Recovery, Inc. at 315-733-1709, send referral form to 315-733-1789.

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**Organization:** Cornell Cooperative Extension Oneida County  
121 Second St., Oriskany, NY 13424

**Program Name:** *The Child Care Council of Cornell Cooperative Extension*

**Contact Information:** Richelle Singer, *Early Care & Learning Issue Leader*, 315-223-7850 Ext 223  
[rfs35@cornell.edu](mailto:rfs35@cornell.edu)

**Brief Program Description:** The Child Care Council of Cornell Cooperative Extension is a resource & referral education program dedicated to promoting quality, accessible child care for our community. We also provide programs and education opportunities to help you understand and comply with the rules and regulations of providing quality child care.

**Target Population:** We offer various services to individuals working with young children in Herkimer, Madison & Oneida counties.

**Eligibility Requirements:** None

**Referral Process:** Inquiries can also be made by email. Herkimer County: [elp32@cornell.edu](mailto:elp32@cornell.edu)  
Oneida County: [taa24@cornell.edu](mailto:taa24@cornell.edu)  
Madison County: [earlycareandlearning@cornell.edu](mailto:earlycareandlearning@cornell.edu)

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**Organization:** Cuda Counseling  
336 E. State Street, Herkimer, NY 13350

**Program Name:** *Cuda Counseling*

**Contact Information:** 315-866-0100

**Brief Program Description:**
- Individual Counseling
- Marriage and Family Counseling
- Substance Abuse Counseling

**Target Population:** Children and Adults

**Eligibility Requirements:** None

**Referral Process:** Contact Cuda Counseling

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**Organization:** Herkimer BOCES  
352 Gros Blvd., Herkimer, NY 13350

**Program Name:** Adult Literacy Program

**Contact Information:** Mary Kline, Director  
315-867-2079  
mkline@herkimer-boces.org

**Brief Program Description:** Administers academic screenings, connects with student’s former schools and assists with attainment of necessary documentation, prepares students for taking the TASC/registering for test, makes referrals for supports as needed throughout the process

**Target Population:** Youth who have dropped out of high school without a diploma

**Eligibility Requirements:** Must be over 16 years of age, legally able to drop out of school and no longer attending school

**Referral Process:** Call to schedule an appointment, can drop-in at lion (77 E. North St.) or we also have an office at Working Solutions (320 N. Prospect St., Herkimer)

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**Organization:** Herkimer BOCES  
77 E. North St, Ilion, NY 13357

**Program Name:** Licensed Practical Nurse Program

**Contact Information:** Mary Kline, Director  
315-867-2079  
mkline@herkimer-boces.org

**Brief Program Description:** To give the knowledge and practical skills necessary to enter the healthcare field and pass the PN NCLEX exam in order to work as a Licensed Practical Nurse (LPN)

**Target Population:** adults interested in entering the healthcare field

**Eligibility Requirements:** High School graduate or completed GED/TASC; must take an initial TEAS placement test

**Referral Process:** none – information is available at [www.herkimer-boces.org/lpn](http://www.herkimer-boces.org/lpn)
**Program Name:** Special Programs at WEB Complex

**Contact Information:** Roberta Matthews  315-867-2080  rmatthews@herkimer-boces.org

**Brief Program Description:** Supportive, small group instruction based on needs and interests; helps promote pro-social and life skills, career based programs, related services provided based on each student’s unique needs

**Target Population:** Students with disabilities (K-12)

**Eligibility Requirements:** Formal referral process by CSE Chairperson to discuss enrollment

**Referral Process:** Contact home district CSE Chairperson to discuss enrollment

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**Program Name:** Technical Education

**Contact Information:** Zane Mahar, Principal, 315-867-2093 - zmahar@herkimer-boces.org

**Brief Program Description:** Provide mastery of the knowledge and skills required in 13 different trades. The majority of students are secondary students in grades 11 and 12; however, adults in need of retraining or upgrading skills for employment may also register.

**Target Population:** 11th and 12th grade students or adults

**Eligibility Requirements:** Enrolled through home school district (11th and 12th grade students) or interested adult

**Referral Process:** same as eligibility requirements – information is available at [https://www.herkimer-boces.org/domain/27](https://www.herkimer-boces.org/domain/27)

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**Program Name:** Technical Education

**Contact Information:** Herkimer County Department of Social Services 301 N. Washington St., Herkimer, NY 13350
Program Name:  Adult Protective Services

Contact Information:  Dawn Bernholz, Supervisor;  315-867-1216

Brief Program Description:  Adult Protective Services provides information, referrals, and case management services to vulnerable adults in Herkimer County.

Target Population:  Adults in Herkimer County:

- who are age 18 or older, and
- have reduced capacity due to mental and/or a physical impairment, and
- have an unmet essential need, or
- appear to be at risk of harm, and
- have no one else willing and able to help them.

Eligibility Requirements:

1. Mental or physical impairment AND
2. Unmet need or threat of harm AND
3. No one else willing and/or able to help

Referral Process:  Contact Adult Protective Services Unit – Dorothy Massinger, Senior Caseworker, at 315-867-1213

Organization:  Herkimer County Department of Social Services
301 N. Washington St, Herkimer, NY 13350

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Program Name:  Child Care Subsidy Program

Contact Information:  Robine Snow, Child Care Coordinator;  315-867-1233
Robine.Snow@dfa.state.ny.gov

Brief Program Description:  Reimbursement program to assist Temporary Assistance and low income families with child care expenses while they participate in approved employment activities designed to move them toward self-sufficiency

Target Population:  Temporary Assistance and low income families

Eligibility Requirements:  Temporary Assistance families and families with income under 22% of the poverty state income standard with children under the age of 13, or children aged 13-18 with special needs

Referral Process:  Application process, no referral needed

Organization:  Herkimer County Department of Social Services
301 N. Washington St., Herkimer, NY 13350
**Organization:** Herkimer County Department of Social Services  
301 N. Washington St, Herkimer, NY 13350

**Program Name:** *Child Protective Services*

**Contact Information:** Anne Dickquist, CPS Supervisor, 315-867-1249;  
Anne.Dickquist@dfa.state.ny.us

**Target Population:** Herkimer County Child Protective Services serves all of Herkimer County.

**Brief Program Description:** The Herkimer County Child Protective Services Unit consists of 10 caseworkers, two senior caseworker and one case supervisor. Caseworkers investigate cases of child abuse and neglect received from the State Central Register (Hotline) by conducting immediate assessments of child safety; provide safety planning and intervention as needed including removals of children to keep them safe. Provide ongoing monitoring of identified cases with high risk. Within 60 days, CPS will determine whether alleged maltreatment is substantiated. CPS will then arrange for the provision of services to families to ameliorate the risk to children, and provide ongoing monitoring and assessment as needed in identified cases. Frequently, Family Court will order CPS to investigate when there are maltreatment concerns present in a matter before the court. CPS will conduct an investigation and provide the findings to the court.

**Eligibility Requirements:** Children under the age of 18

**Referral Process:** Calls to the State Central Register (SCR or “Hotline”) with concerns regarding a child’s safety are transmitted to the local district where a family resides for investigation

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**Organization:** Herkimer County Department of Social Services  
301 N. Washington St., Herkimer, NY 13350

**Program Name:** *Family Support/PINS Diversion Services*

**Contact Information:** JoAnn Mower, Supervisor; 315-867-1463; JoAnn.Mower@dfa.state.ny.us

**Brief Program Description:**

- Thorough assessment services to determine risk of foster care placement
- Case management services to divert foster care placement and prevent court involvement, including making referrals to service providers for youth and their families
- Services within the unit include individual and/or family counseling, Youth Support Worker (including skill building, and/or mentoring), Family Peer Advocate (with parent skill building), and Respite services.
- Access to Service Provision for Individual Needs (SPIN) services through Kids Herkimer
• Assessing family/caregiver strengths/needs to provide adequate care and supervision for children

**Target Population:** Children under the age of 18 – Persons in Need of Supervision (PINS)

**Eligibility Requirements:** PINS – Youth ages 7-17 who are ungovernable or truant from school or runaway.

**Referral Process:**
PINS – Referrals are made by parent(s)/custodian(s) by calling in to the unit; schools or police stations can also refer a youth by filling out a PINS Diversion referral form.

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**Organization:** Herkimer County Department of Social Services  
301 N. Washington St, Herkimer, NY 13350

**Program Name:** **HEAP**

**Contact Information:** Deb Smith 315-867-1239  
dsmith@herkimercounty.org

**Brief Program Description:** Determine eligibility and authorize benefits for those who qualify, authorize HEAP money for regular, emergency situations, furnace repairs, and furnace replacements to alleviate the burden on residents in Herkimer County if eligible

**Target Population:** Adults and children who qualify under the financial guidelines.

**Eligibility Requirements:** Changes each year and depends on how many in your household. They can be found on [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov), or speak to a representative of the HEAP department.

**Referral Process:** Applicants may mail in an application, come to the department to apply, or apply online at [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov).

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**Organization:** Herkimer County Department of Social Services  
301 N. Washington St, Herkimer, NY 13350

**Program Name:** **Medicaid**

**Contact Information:** Deb Smith 315-867-1239  
dsmith@herkimercounty.org

**Brief Program Description:** Staff determines eligibility for adults and children for medical assistance programs
**Target Population:** Adults and children who qualify under the financial guidelines.

**Eligibility Requirements:** Income guidelines change each year. They can be found on [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov), or speak to a Medicaid representative as there is multiple levels depending on which program they are interested in.

**Referral Process:** If you are under 65 and not certified disabled, you can apply with any navigator or CAC representative. If you are over 65, in a nursing home, or certified disabled, you can mail in an application to the department.

**EFFECTIVE JANUARY 1, 2014,** ANYONE 64 AND UNDER NOT CERTIFIED DISABLED WILL NEED TO HAVE THEIR APPLICATION REFERRED TO THE NEW YORK STATE EXCHANGE.

If received here, the department has to deny the application and forward it on to the exchange. TO AVOID THIS YOU MAY APPLY DIRECTLY WITH A NAVIGATOR. YOU MAY CONTACT ONE OF THEM AT THE FOLLOWING NUMBERS: 1-800-475-2430 315-867-24801-315-867-1513 315-867-1521

You may also apply online at: nystateofhealth.ny.gov

You may also apply with the **Fidelis representatives on site** as they are Certified Application Counselors. Jenna - Fidelis Care at 315-399-3614

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**Organization:** Herkimer County Department of Social Services
301 N. Washington St., Herkimer, NY 13350

**Program Name:** Preventive/SIP Services

**Contact Information:** Dawn Bernholz, Supervisor; 315-867-1216 Dawn.Bernholz@dfa.state.ny.us

**Brief Program Description:**

- Thorough assessment services to determine risk of foster care placement
- Case management services to prevent foster care placement, including making referrals to service providers for children and their families and making collateral contacts with service providers to determine progress in services
- Access to parent aide services within the unit to provide assistance on budgeting, homemaking skills, and parenting skills; access to Service Provision for Individual Needs (SPIN) services through Kids Herkimer
- Assessing family/caregiver strengths/needs/risks to create a service plan that provides for children’s safety

**Target Population:** Families with children under age 18 who are at risk of foster care placement.

**Eligibility Requirements:** Children up to age 18 at risk of foster care placement
Referral Process: Anyone can make a referral for Preventive Services. A referral form is available; call (315) 867-1216 to obtain a form. Individuals can even make their own self-referral by phone.

Organization: Herkimer County Department of Social Services
301 N. Washington St, Herkimer, NY 13350

Program Name: Supplemental Nutrition Assistance Program (SNAP)

Contact Information: Deb Smith, 315-867-1239  
dsmith@herkimercounty.org

Brief Program Description: This program provides a supplemental benefit to residents of Herkimer County who are eligible and apply for this benefit (food stamps).

Target Population: Residents of Herkimer County who are financially eligible within guidelines set by the federal government.

Eligibility Requirements: Applicants must meet financial eligibility criteria which changes in October of each year. They can be found on www.mybenefits.ny.gov or speak to representative of the SNAP department.

Referral Process: Applicants may mail in an application, come to the department to apply, or apply online at www.mybenefits.ny.gov.

Organization: Herkimer County Department of Social Services
301 N. Washington St., Herkimer, NY 13350

Program Name: TANF/Safety Net (Temporary Assistance for Needy Families)

Contact Information: Deb Smith 315-867-1239  
dsmith@herkimercounty.org

Brief Program Description: This program authorizes temporary cash benefits for clients who meet federal and state financial guidelines which allows clients with little or no income, to maintain rent and living expenses.

Target Population: County residents who meet federal income guidelines.

Eligibility Requirements: TANF eligibility—must be receiving Family Assistance, Safety Net Assistance, Medicaid, SNAP, HEAP, SSI or the combined current gross income of the applicant’s family members must be equal to or less than 200% of the federal poverty level.

Referral Process: Come to the department to apply
Organizations:

**Herkimer County Mental Health Department**
301 N. Washington St., Herkimer, NY 13350

**Program Name:** Outpatient Mental Health Services for Adults

**Contact Information:** Kristen Snyder-Branner, LCSW-R, Director, 315-867-1465
kbranner@herkimercounty.org

**Brief Program Description:** Provide outpatient psychiatric treatment services to county residents with serious mental illnesses or emotional disorders. Clinic clients are referred through their primary care providers and local inpatient psychiatric units. Services are provided to county residents regardless of an inability to pay.

**Target Population:** County residents 18 and up.

**Eligibility Requirements:** Herkimer County Resident

**Referral Process:** We accept referrals from Primary Care Providers, Hospitals and MCAT

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**The Neighborhood Center**

**Program Name:** Kinship Care Management Program

**Contact Information:** call – 315-272-2630 and ask for Kinship Program

**Brief Program Description:** The Kinship Care Management Program works with Kinship Caregivers – those people who are taking care of children who are not their own and living in their home. Caregivers may be a relative or other non-parent adult such as a family friend, adult sibling, grandparent, aunt, uncle or cousin.

**Target Population:** Kinship Caregivers who have formal (legal) custody or informal custody of children who are not their own.

**Eligibility Requirements:** None – except that they are a Kinship Caregiver to a child/children.

**Referral Process:** Call – 315-272-2630 or email terris@neighborhoodctr.org.

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**Herkimer County Working Solutions**
301 Prospect St., Herkimer, NY 13350

**Program Name:** Herkimer County Summer Out of School Youth Program

**Contact Information:** Marietta Dunckel, Employment Specialist; 315-867-1403
dunckel@herkimercounty.org

**Brief Program Description:**
• Supportive Services including: transportation, childcare, housing, uniforms, accommodations for those with differing abilities, and referrals to partner agencies
• Labor and market assistance including: Job searching assistance, paid/unpaid work experiences, resume building, and job coaching
• Occupational skills training
• Post-secondary preparation and transitional services
• Financial literacy education including budgeting, checking/savings/debit accounts, and understanding your credit report
• Obtaining a HSE/Dropout Recovery
• On-the-Job training
• Follow-up services for one year after program exit

Target Population: Out of School Youth ages 18-24

Eligibility Requirements: Must be one of the following: HS Dropout, Pregnant/Parenting, Foster Care/Aged Out, Disabled, or involvement with the criminal justice system.

Referral Process: Contact Marietta Dunckel directly

Organization: Herkimer County Working Solutions
320 Prospect St., Herkimer, NY 13350

Program Name: Summer Youth Employment Program (TANF)

Contact Information: Karin Piseck, Director; 315-867-1459 kpiseck@herkimercounty.org

Brief Program Description: The Summer Youth Employment Program is targeted at TANF eligible youth ages 14-20. Funds are assigned to ETA from the Department of Social Services in order to run the program. Youth are placed in a summer job for 6 weeks, 20 hours per week at a worksite that is in their community. Youth are also provided with work readiness skills and case management.

Target Population: TANF eligible youth ages 14 - 20. Herkimer County has made youth involved in our PINS/JD Diversion program (a high at-risk population) a priority for inclusion in the program. This is a collaborative effort with DSS to provide work experience, and to help keep the youth productive and busy during summer months when school is not in session.

Eligibility Requirements: TANF eligibility—must be receiving Family Assistance, Safety Net Assistance, Medicaid, SNAP, HEAP, SSI or the combined current gross income of the applicant’s family members must be equal to or less than 200% of the federal poverty level.

Referral Process: Submit a Summer Youth Employment Program application to the Herkimer Working Solutions office.
**Organization:** Herkimer County Working Solutions  
320 Prospect St., Herkimer, NY 13350

**Program Name:** Working Solutions

**Contact Information:** Karin Piseck, Director; 315-867-1459  kpiseck@herkimercounty.org

**Brief Program Description:** The Herkimer County Working Solutions Career Center is the result of federal legislation from 2001 that provided for the emergence of centers that combined the services of many different agencies. Partners in the system include ETA, NYS DOL, DSS, HCCC, ACCES-VR, Staffworks, and HC BOCES. Customers can use the Career Center for a variety of services including career counseling, case management, job search assistance, resume writing, workshops and computer, phone, fax and copier use.

**Target Population:** Individuals who request services including career counseling, case management, job search assistance, resume writing, workshops and computer, phone, fax and copier use.

**Eligibility Requirements:** N/A

**Referral Process:** Self

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**Organization:** Kids Herkimer (at DSS)  
(Now: Integrated Community Alternatives Network-ICAN)  
100 S. Main St., Herkimer, NY 13350

**Program Name:** Kids Herkimer Early Intervention Diversion Program

**Contact Information:** Steve Yaworski, Program Manager; 315–801-7370 syaworski@kidsoneida.org

**Brief Program Description:** Kids Herkimer Early Intervention Program was designed to prevent children from entering an out-of-home placement and to help reduce the risk of youth penetrating deeper into the Juvenile Justice System. The Early Intervention Coordinator makes an assessment of the child’s current circumstances including current behaviors, service interventions, protective factors, and safety concerns to determine the level of risk the youth presents at home and in the community. Assessing these elements help the team decide if the youth needs additional or supplemental mental or behavioral health services. These services may include mentoring, behavior management, individual or family therapy, parent aide and even rise and shine. Intensive services are provided to the child and family in the home, the school and the community until stabilization is achieved and the youth is no longer at risk for a Family Court appearance or an out of home placement.

**Target Population:** Youth in Herkimer County, ages 12-17, who present risky behaviors such as: minor crimes, truancy and persistent incorrigibility and defiance.

**Eligibility Requirements:** The youth presents behaviors and mental health concerns that indicate he/she is at imminent risk of out of home placement if a service intervention is not provided. Youth should have received prior diversionary services from the HCDSS PINS Unit or community based mental health services before being referred.

**Referral Process:** All referrals must be made internally through the Herkimer County Department of Social Services and are based on the family’s need and risk level.
**Organization:**  Integrated Community Alternatives Network - ICAN (at DSS)  
(Formerly - Kids Oneida)  
301 N. Washington St, Herkimer, NY 13350

**Program Name:**  *Family Reunification Program*  

**Contact Information:**  Steve Yaworski, Program Manager;  315-867-1332  
syaworski@ican.family.org

**Brief Program Description:**  The Family Reunification program services a caseload of 10 children who have been identified by the Return Home Early (RHE) Project to be able to be returned to their home from a residential placement prior to their court order expiration date. A Family Service Coordinator (FSC) works with the family to identify their strengths and needs, assisting them in developing goals (treatment plan) that can help them be successful. A wraparound approach to treatment is utilized as the FSC coordinates a team of established providers to provide supports and services to the child and family in an attempt to empower them to meet their goals. Services include, but are not limited to, behavior management, parent aide, mentoring and crisis intervention.

**Target Population:**  The Family Reunification Program provides services to children, average age 13-18 both male and female, who have been placed outside of their home in either a residential treatment center or therapeutic foster care.

**Eligibility Requirements:**  Youth must have been in placement (in custody of Herkimer County) and then discharged back into the home setting prior to the original court ordered release date.

**Referral Process:**  All referrals are made internally through the Department of Social Services; this is considered aftercare and must be recommended by DSS and approved by a Family Court Judge.

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**Organization:**  Integrated Community Alternatives Network - ICAN (at DSS)  
(Formerly - Kids Oneida)  
301 N. Washington St, Herkimer, NY 13350

**Program Name:**  *Intensive Preventive Program*  

**Contact Information:**  Steve Yaworski, Program Manager;  315-867-1332  
syaworski@ican.family.org

**Brief Program Description:**  This program was designed to work with the highest intensity DSS families that have at least one child at risk of placement outside the home due to PINS/JD issues or Neglect/Abuse in the home. The IP Program services a caseload of 12 cases. A Family Service Coordinator was identified to work...
specifically with IP cases to provide support, coordination and wraparound philosophy care to these intensive families to prevent out of home placement. The IP Family Service Coordinator works diligently with the families, service providers and community resources to ensure that families have the supports and resources necessary to meet their goals, maintain safety in their homes and comply with all court and DSS expectations set forth.

**Target Population:** The Intensive Preventive Program serves children, male and female, up to age 18, that are at risk of residential or foster care placement outside the home due to either the child’s behavioral/mental health needs (i.e. truancy, incorrigibility, PINS) or neglect and abuse issues occurring within the family (i.e. CPS involvement).

**Eligibility Requirements:** Youth and family need to have an open Preventive case with DSS, and the youth must be presenting behaviors which indicate that he/she is at imminent risk of out of home placement.

**Referral Process:** All referrals are made internally through the Department of Social Services.

**Organization:** Integrated Community Alternatives Network - ICAN (at DSS)  
(Formerly - Kids Oneida)  
301 N. Washington St, Herkimer, NY 13350

**Program Name:** *Return Home Early Program*

**Contact Information:** Steve Yaworski, Program Manager; 315-867-1332  
syaworski@ican.family.org

**Brief Program Description:** The Return Home Early Program was created in response to the skyrocketing out of home placement numbers and increased financial strain on Herkimer County. The RHE program was tasked with independently assessing all children in institutional care for their appropriateness of returning home prior to their court expiration date with the appropriate level of services for supports. The program manager uses the Child Readiness Assessment, a tool that is completed on every child to rate their readiness to return to their home environment. Each child is provided a face to face interview with their treatment team and program manager quarterly to address the discharge planning process and help process any barriers that exist to the child returning home. All placement and demographic information as well as outcomes and readiness are tracked through a proprietary software program called Client Tracker which can generate reports regarding children in placement.

**Target Population:** Children in residential or group home settings, up to age 18, with some resource to return home to (i.e. children freed for adoption or with plan for independent living after placement would not qualify for this program.

**Eligibility Requirements:** children in residential placement facilities

**Referral Process:** All referrals are internal through the Department of Social Services.
Organization: Integrated Community Alternatives Network – ICAN (at DSS)
(Formerly - Kids Oneida)
301 N. Washington St, Herkimer, NY 13350

Program Name: Service Provision for Individual Needs (SPIN)

Contact Information: Tim Williams, Program Manager; 315-867-1332
twilliams@ican.family.org

Brief Program Description: Services provided include but are not limited to: behavioral management, mentoring, parent advocacy, rise and shine, individual therapy, family therapy, out-patient diagnosis, and psycho-social assessments. A coordinator from Kids Herkimer connects with the clients for an assessment of needs and the strengths of the child and family and assigns a provider from their network.

Target Population: Youth aged 5 – 18 in need of a single service intervention to address mental health and/or behavioral health issues.

Eligibility Requirements: Youth and family must have an open DSS Preventive case, and be presenting behavior and mental health concerns that require professional interventions.

Referral Process: All referrals made internally through DSS

Organization: Integrated Community Alternatives Network - ICAN
100 S. Main Street, Herkimer, NY 13350 Phone: (315)801-7364 Fax: (315)731-5646

www.healthyfamiliesnewyork.org

Program Name: Healthy Families

Contact Information: Wendy Iamele 315-867-1376 wiamele@ican.family.org

Brief Program Description: Serves expecting families, and families with a child under 92 days old. Provide intensive home visiting to at risk families until the child enters pre-k or Head Start.

Target Population: New and expecting parents

Eligibility Requirements: Herkimer County parents with child under 92 days old

Referral Process: Community partners give eligible families a screening form to complete and forward the information to the Healthy Families Resource Specialist. Referrals are also accepted by phone, Facebook messenger, email or walk-in.
Organization: Mental Health Counseling  
1612 Genesee St., Utica, NY 13502

Program Name: Samaritan Counseling Center of the Mohawk Valley, Inc.

Contact Information: 315-724-5173, www.samaritancentermv.com or email: jpowers@samaritancentermv.com

Brief Program Description:
* Offers outpatient mental health services including
  - Individual Counseling
  - Family Counseling
  - Relationship Counseling
  - Pastoral Counseling
  - Group Therapy
  - Child Abuse Counseling

Target Population: Herkimer, Madison, and Oneida Counties

Eligibility Requirements: None

Referral Process: A brief intake form must be completed before first appointment. Call for an appointment.

Organization: Mohawk Valley Psychiatric Center  
205 North Main St., Herkimer, NY 13350

Program Name: Adult Services at Mohawk Valley Psychiatric Center

Contact Information: 315-866-7630

Brief Program Description: Provides comprehensive mental health services for adults:

Target Population: Herkimer and Oneida Counties

Eligibility Requirements: Ages 18 and over

Referral Process: Call or walk in for appointment

Organization: Mohawk Valley Psychiatric Center  
1400 Noyes Street, Utica, NY 13502
Program Name: *Child and Adolescent Services*

**Contact Information:** 315-738-3800, [www.omh.ny.gov/omhweb/facilities/mvpc/](http://www.omh.ny.gov/omhweb/facilities/mvpc/)

**Brief Program Description:** Provides comprehensive mental health services for children and youth.

**Target Population:** Herkimer and Oneida Counties

**Eligibility Requirements:** Ages 5-17

**Referral Process:** Needs to be referred by local hospital.

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**Organization:** National Center for Missing and Exploited Children
NCMEC-NY Box 4786 Utica NY 13504

Program Name: *National Center for Missing and Exploited Children*

**Contact Information:** 315-732-7233, jlasalle@ncmec.org  Website: [www.missingkids.com](http://www.missingkids.com)

**Brief Program Description:**

- Assists in the recovery of missing children.
- Internet predator reporting.
- Prevention education programs.
- Digital photograph and poster distribution.
- Case assistance.
- Age progression photographs.
- Provides a Cyber Tip-line for sexual exploitation of children.
- Offers national information on abducted/missing/endangered children.
- Assists with creating emergency alert plans in other areas through the AMBER Plan.
- Provides information regarding the registration of sex offenders through Megan's Law.

**Target Population:** Herkimer, Madison and Oneida Counties.

**Eligibility Requirements:** Must reside in area served.

**Referral Process:** 1-877-445-2632 x-7032

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**Organization:** NYS Education Department
207 Genesee St, 8th Floor, Utica, NY 13502

Program Name: *Adult Career and Continuing Education Services – Vocational Rehabilitation (ACCES-VR)*

**Utica District Office**
Contact Information:  Patti Williams, Transition Youth Services  
                      or Alene Monaghan, Director of Counseling
                      315-793-2536

Brief Program Description:

- ACCES-VR - VR is MORE than financial assistance. Everything ACCES-VR does is directed towards reaching an employment goal.
- Pre- Employment transition Services for students with disabilities ages 14-24
- Vocational Counseling
- Assessment for career planning, assistive technology
- Purchase of assistive technology (*)
- Funding toward the cost of education or training after high school (*)
- Assistance with some transportation costs (*)
- Services for academic support services (note takers, tutors)
- Work - Try Outs (WTO) and On the Job Training (OJT)
- Job readiness and job placement services which may also include job coaching (See ARC Herkimer/Career Connections for details)

(*) Family income is considered

Target Population: youth and adults with one or more disabilities

Eligibility Requirements: individuals must have a disability that creates a barrier to employment; can benefit from rehabilitation services to achieve employment, and vocational rehabilitation services are required to achieve employment

Referral Process: can be a self-referral, or from providers, schools or employers, Community Information Sessions (CIS)

Organization: Resource Center for Independent Living,
              401 East German St, Herkimer, NY 13350

Program Name: Various programs for youth with developmental disabilities only

Contact Information: 315-866-7280

Brief Program Description: Provides active support and guidance to people with disabilities, and help ensure that an individual’s choices for living independently are respected. Advocates can answer questions and provide assistance with applications for Social Security Disability and SSI, Temporary Assistance, HEAP, Medicaid, Food Stamps, and housing. Advocates can also assist recipients of DSS with understanding sanctions and the steps for Fair Hearings

Target Population: Youth with disabilities and parents of youth with disabilities

Eligibility Requirements: Individuals with a disability
Referral Process: Call agency for information

Organization: The Legal Aid Society of Mid-New York, Inc.
268 Genesee St., Utica, NY 13502

Program Name: Legal Aid Society of Mid-New York, Inc.

Contact Information: (315) 793-7000, http://www.lasmny.org/

Brief Program Description: The Legal Aid Society of Mid-New York, Inc. is a not-for-profit law office. We provide free legal information, advice and representation to people who can't afford a lawyer.

Please Note: We only handle civil (non-criminal) legal problems.

Target Population: Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego and Otsego. We also serve farmworkers anywhere in New York State.

Eligibility Requirements: You may qualify for services based on your income and family size. To find out if you qualify, call or visit an office near you. If you are 60 or over, or if you are a victim of family violence, you may qualify for our services even if you are not low-income. Referral Process: N/A

Organization: The Neighborhood Center, Inc.

Program Name: Central Valley Central School District-Barringer Road Elementary School

Contact Information: Heather Reynolds, 315-894-8420, heatherd@neighborhoodctr.org

Brief Program Description:
Offering mental health services to Barringer Road Elementary School children, designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Monday 12:30PM until 4:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Serves strictly children

Referral Process: Referral completed by School Personnel and sent to Clinician

Please note that the Jarvis Middle School satellite is currently closed and will reopen once construction is completed.
Organization: The Neighborhood Center, Inc.
628 Mary St., Utica, NY 13501

Program Name: Central Valley Central School District-Central Valley Academy

Contact Information: Heather Reynolds, 315-895-7471, heatherd@neighborhoodctr.org

Brief Program Description: Offering mental health services to children enrolled in CVA, designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Monday 8:00AM until 11:30AM, additional hours by appointment

Target Population: Strictly serves children/adolescents

Eligibility Requirements: children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician

Please note that the Jarvis Middle School satellite is currently closed and will reopen once construction is completed.

Organization: The Neighborhood Center, Inc.
628 Mary St., Utica, NY 13501

Program Name: Community Health Worker Services

Contact Information: 315-272-2600, www.neighborhoodctr.org

Brief Program Description: Works with high needs women and families to access needed preventive and primary health care services with an emphasis on pregnant women not enrolled in health care or supportive services.

Target Population: Most of Herkimer and Oneida Counties – call for more details

Eligibility Requirements: 13 years of age or older

Referral Process: By appointment or walk-in

Organization: The Neighborhood Center, Inc.
628 Mary St., Utica, NY 13501
Program Name: Central Valley Central School District- Harry M. Fisher Elementary School

Contact Information: Heather Reynolds, 315-866-4851, heatherd@neighborhoodctr.org

Brief Program Description:
Offering mental health services to Harry M. Fisher Elementary School children designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Wednesdays 12:30PM until 4:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician

Please note that the Jarvis Middle School satellite is currently closed and will reopen once construction is completed.

Organization: The Neighborhood Center
628 Mary St., Utica, NY 13501

Program Name: Family Ties

Contact Information: Christina Hoyt, (315) 867-1425; choyt@herkimercounty.org

Brief Program Description: Provides short-term counseling in the home by a licensed clinician.

Target Population: Children and youth up to age 18

Eligibility Requirements: Must live in Herkimer County and be under age 18

Referral Process: Contact Herkimer County Mental Health

Organization: The Neighborhood Center
624 Elizabeth St., Utica, NY 13501

Program Name: Mobile Crisis Assessment Team (MCAT)

Contact Information: (315) 272-2600 www.neighborhoodctr.org
Brief Program Description:

- 24 Hour, 7 Days/Week Intervention Mental Health Assessment
- Crisis De-Escalation and De-Briefing
- Linkage and Follow-up to Services
- Alerts to identify and assist those at an increased risk
- Coordination with schools, medical/mental health providers and other agencies to provide crisis intervention and to help monitor clients who are at risk

Target Population: Oneida, Herkimer, Schoharie, Otsego, Delaware and Chenango counties.

Eligibility Requirements: none

Referral Process: We take referrals from individuals in crisis, their families, law enforcement, school personnel or the general community.

Organization: The Neighborhood Center, Inc.
628 Mary St, Utica, NY 13501

Program Name: Mt. Markham Elementary School

Contact Information: Currently Vacant, 315-272-2700, shawnj@neighborhoodctr.org

Brief Program Description:

Offering mental health services to Mt. Markham Elementary School children, designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Tuesdays 9:00AM until 12:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Serves children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician. Send referrals to shawnj@neighborhoodctr.org at this time or call the clinic located at 628 Mary St. Utica, NY 13501 315-272-2700

Organization: The Neighborhood Center, Inc.
628 Mary St., Utica, NY 13501

Program Name: Mt. Markham Middle School
Contact Information: Currently Vacant 315-272-2700, shawnj@neighborhoodctr.org

Brief Program Description:

Offering mental health services to Mt. Markham Middle School children designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success.

Clinician available Tuesday 12:30PM until 4:00PM, additional hours by appointment

Target Population: Children with behavioral health care needs

Eligibility Requirements: Serves children and adolescents

Referral Process: Referral completed by School Personnel and sent to Clinician. Send referrals to shawnj@neighborhoodctr.org at this time or call the clinic located at 628 Mary St. Utica, NY 13501: 315-272-2700

Organization: The Neighborhood Center, Inc.
628 Mary St, Utica, NY 13501
Program Name: Town of Webb School District

Contact Information: Currently Vacant, 315-272-2700, shawnj@neighborhoodctr.org

Brief Program Description:

Designated to provide a variety of services to children and adolescents who have behavioral, social, and emotional needs in order to promote academic success; provides strength based services for maximum effectiveness in resolving behavioral, social and emotional conditions that inhibit functioning and development.

Clinician available Tuesday and Thursday 2:00M until 7:00PM, Wednesday 12:30PM to 7:30PM, additional hour by appointment

Target Population: Children and adults with behavioral health care needs

Eligibility Requirements: Serves children, adolescents and adults

Referral Process: Referral completed by School Personnel and sent to Clinician. Adults can self-refer. Send referrals to shawnj@neighborhoodctr.org at this time or call the clinic located at 628 Mary St. Utica, NY 13501: 315-272-2700
Organization: Upstate Cerebral Palsy  
235 N. Prospect St., Herkimer, NY 13350

Program Name: Child Mentoring Program

Contact Information: Jenny Edwards, Administrative Assistant, 315-866-2863

Brief Program Description: Provide supportive companionship to at-risk youth who may not have a supportive adult available to participate in social and recreational activities. Mentors an average of five hours weekly for six months with individual youth on a weekly basis.

Target Population: Children and youth who are at-risk of residential placement.

Eligibility Requirements: Child/adolescent must have serious emotional disorder or established as at-risk of developing ED

Referral Process: Provider complete Individualized Support Services referral and submit to committee

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Organization: Upstate Cerebral Palsy  
1020 Mary Street, Utica, NY 13501

Program Name: Community Health and Behavioral Health Services

Contact Information: 315-798-8868, www.upstatecp.org or email: info@upstatecp.org

Brief Program Description: Provides primary health care services and mental health for children, adolescents and adults.

Target Population: Herkimer, Madison, and Oneida Counties

Eligibility Requirements: None

Referral Process: By appointment

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Organization: Upstate Cerebral Palsy  
235 N. Prospect St, Herkimer, NY 13350

Program Name: Family Services

Contact Information: Lesley Lynch, Family Peer Advocate, 315-866-2863 x3507  
lesley.lynch@upstatecp.org

Brief Program Description:
• Help families and providers work together to improve outcomes for children
• Guide, educate, and empower families to learn
• how to advocate for their children
• Eliminate stigma and discrimination
• Increase prevention strategies and services
• Promote effective collaborations

Increase opportunities for youth and families to be hired as professional advocates and advisers.

**Target Population:** families and caregivers

**Eligibility Requirements:** family must have children involved in systems including mental health, addiction, special education, juvenile justice, and child welfare

**Referral Process:** provider or self-completes a referral form and submits to program

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**Organization:** Upstate Cerebral Palsy

235 N. Prospect St., Herkimer, NY 13350

**Program Name:** Health Homes Care Management

**Contact Information:** Kari Hartmann, Senior Care Manager; 315-866-2863; kari.hartmann@upstatecp.org

**Brief Program Description:** Provide linkages to education, housing, employment, mental health services, substance abuse treatments, and natural supports to adults with serious mental illnesses.

We provide comprehensive care coordination and management services for people with complex combinations of chronic conditions. A dedicated care manager will help eligible Medicaid members navigate the complex medical, behavioral and social service systems. We provide intensive care management and patient navigation services for high need/cost Medicaid members.

**Target Population:** Adults with serious mental illnesses. Generally, case management participants include individuals with chronic illnesses that require extra support to adjust well in the community.

**HY2 2013 update** - We serve high need adults who are receiving Medicaid, Medicaid Managed Care, or are Medicaid eligible, reside in Herkimer County, and have been diagnosed with a chronic medical condition or have mental health concerns.

**Eligibility Requirements:** for individuals receiving Medicaid, Medicaid Managed Care, or are eligible for Medicaid. Must reside in Herkimer County and surrounding areas as well as have a been diagnosed with a chronic medical condition or have mental health concerns

**Referral Process:** can be a self-referral, referral from a provider, by calling 315-624-9428 or 315-866-2863 or online at Referrals@cnyhealthhomes.net
**Organization:** Upstate Cerebral Palsy  
235 N. Prospect St., Herkimer, NY 13350

**Program Name:** Individualized Support Services (ISS)

**Contact Information:** Jenny Edwards, Administrative Assistant, 315-866-2863 x3505

**Brief Program Description:** Provide goods and services for adults with serious mental illnesses, children & youth with serious emotional disorders and children & youth identified as at-risk of developing serious emotional disorders.

**Target Population:** Adults with serious mental illnesses, children & youth with serious emotional disorders or children & youth identified as being at-risk of developing serious emotional disorders or out-of-home placement.

**Eligibility Requirements:** Having or developing an SED or out-of-home placement

**Referral Process:** Referral form for Individualized Support Services is completed by referent and signed by applicant. Eligibility form needs to be attached as well as quotes for purchases. Referral is submitted to Individualized Support Services Board, Chairperson. Referral will need to be presented by the referent to the Board at the upcoming board meeting.

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**Organization:** Upstate Cerebral Palsy 138 W. German St., Herkimer, NY 13350

**Program Name:** Supportive Housing

**Contact Information:** Jean Foti, Supportive Housing Operations Manager, 315-927-3236 jean.foti@upstatecp.org

**Brief Program Description:** Provide supportive independent living situations to individuals with serious mental illnesses.

**Target Population:** Adults with serious mental illnesses, including individuals who may have a history as former "long term stay" patients at a state psychiatric center.

**Eligibility Requirements:** Homeless or at risk of homelessness, primary diagnosis of a mental illness an income from employment, PA or SSI

**Referral Process:** complete Supportive Housing referral form and submit to manager

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**Organization:** YMCA of the Mohawk Valley, 83 E. Main St, Mohawk, NY 13407  
Little Falls Family YMCA, 15 Jackson St., Little Falls, NY 13365
Program Name: School’s Out Scholarship Program

Contact Information: Tony DeLuca, Ex. Director  315-823-1740  tdeluca@lfymca.org

Brief Program Description: We provide Child care during the entire school year and offer care throughout the summer months. We offer a variety of structured, recreational activities to all elementary and middle school students in the Mohawk Valley.

Target Population: Low income families in need of assistance paying for before and/or after school care for their children

Eligibility Requirements: Herkimer County residents

Referral Process: Contact the YMCA

Organization: YMCA of the Mohawk Valley, 83 E. Main St, Mohawk, NY 13407
Little Falls Family YMCA, 15 Jackson St., Little Falls, NY 13365

Program Name: Unsupervised Youth Alternatives

Contact Information: Tony DeLuca, Ex. Director  315-823-1740  tdeluca@lfymca.org

Brief Program Description: The YMCA provides "open recreation" time at the facilities in both Mohawk and Little Falls. Youth can use the facilities free of charge, providing them with an option for socialization and physical activity in a safe environment. In addition to "open recreation" time, the facilities are also available for organized groups (soccer teams, basketball teams, etc.) to reserve for use when an indoor gym is needed. The Youth Alternatives Program will provide YMCA Youth Center Services weekday afternoons and evenings and Saturday mornings throughout the school year as well as special late night, holiday and camp activities during the summer vacation periods.

Target Population: Youth up to age 21 who are residents of Herkimer County

Eligibility Requirements: must live in Herkimer County and be under age 21

Referral Process: Contact YMCA for days/hours, sign in upon arrival

Organization: Alcoholics Anonymous
Contact Information: (315) 369-2281, AA.org for meeting information
• Organization: **Alzheimer’s Lutheran Care’s Caregiver Support Program (Free)**
  Contact Information: (315) 235-7147 or (315) 269-5266, caregiversupport@lutherancare.org

• Organization: **Catholic Charities of Herkimer County**
  Contact Information: (315) 894-9917

• Organization: **Center of Life and Recovery Clinical Counseling**
  Contact Information: (315) 735-2236

• Organization: **Churches: Inlet Community Church** – Food delivery for families in need
  (315) 357-2291
  
  **Nicolls Memorial Presbyterian Church** – Food Pantry, Mission Boutique, Low Income Food Program, Holiday Baskets
  (315) 369-3475
  
  **St. Anthony’s Catholic Church (Inlet)**
  (315) 369-3554
  
  **St. Bartholomews Catholic Church** – Food pantry, Holiday Food Baskets
  (315) 369-3554

• Organization: **Community Transportation Services (CTS)** – Limited to Senior Medical Appts.
  Contact Information: (315) 369-2830

• Organization: **Department of Social Services (by County)**
  Contact Information:
  Hamilton: (518) 648-6131,
  Herkimer: (315) 867-1291
  Oneida: (315) 798-5632

• Organization: **Home Aide Service of the Central Adirondacks (HASCA)**
  Contact Information: (315) 369-6183

• Organization: **National Center for Missing and Exploited Children**
  Contact Information: (315) 732-7233

• Organization: **Neighborhood Center Satellite Clinic in Old Forge** - Mental health counseling services
  Contact Information: (315) 272-2600

• Organization: **Northern Regional Center for Independent Living (Lowville)**
  Contact Information: (315) 376-8696

• Organization: **Town of Webb Health Center** (Operated by MVHS)
  Contact Information:
  Physician’s Appt: (315) 369-6619,
  Laboratory: (315) 369-3960,
  Dental: (315) 369-6634

• Organization: **SHARP** (Senior Program)
  Contact Information: (315) 369-3475 (Niccolls)
Hot Line and Prevention Numbers:

- Organization: *Addiction, Substance Abuse & Gambling Issues Helpline*
  Contact Information: 1-877-846-7369

- Organization: *Child Abuse Hotline*
  Contact Information: 1-800-342-3720

- Organization: *Child Advocacy Center*
  Contact Information: (315) 732-3990

- Organization: *Crisis Text Line*
  Contact Information: Text HOME to 741741

- Organization: *Eating Disorders Awareness/Prevention*
  Contact Information: 1-800-931-2237

- Organization: *Families Together*
  Contact Information: 1-888-FAM-TOGH

- Organization: *GLBT National Helpline*
  Contact Information: 1-888-843-4564

- Organization: *Herkimer County Mental Health Department*
  Contact Information: (315) 867-1465

- Organization: *Herkimer County Public Health Department*
  Contact Information: (315) 867-1430

- Organization: *Hope Line* (Substance Abuse)
  Contact Information: text: HOPENY or call: 1-877-8-HOPENY

- Organization: *Medicaid Card Hotline*
  Contact Information: 1-800-633-4227

- Organization: *Mobile Crisis Assessment Team (MCAT)*
  Contact Information: (315) 732-6228 or 844-732-6228

- Organization: *National Teen Dating Abuse Helpline*
  Contact Information: 1-866-331-9474

- Organization: *National Suicide Prevention Lifeline*
  Contact Information: 1-800-273-8255
• Organization: **NYS Coalition against Sexual Assault**
  Contact Information: 518-482-4222

• Organization: **NYS Parent Helpline**
  Contact Information: 518-244-5373

• Organization: **Rape, Abuse & Incest National Network (RAINN)**
  Contact Information: 1-800-656-4673

• Organization: **Unplanned Pregnancy Hotline**
  Contact Information: 1-800-648-HELP

• Organization: **WIC** (by appointment)
  Contact Information:  
    Hamilton: (518) 648-6141
    Herkimer: (315) 866-5029
    Oneida: (315) 798-5066

• Organization: **YWCA Herkimer County Rape Crisis Services**
  Contact Information: (315) 866-4120