Do you use a cane or walker?
Are you unsteady on your feet?
Not on Medicaid, BUT
Still need help at home?

EISEP may be your answer.

109 Mary St, Suite 1101
Herkimer NY 13350
Phone: 315-867-1415
Fax: 315-867-1448
Website: herkimercounty.org
Email: nyconnects@herkimercounty.org
programs and services are available to you.

*When do the Aides come and what will they do?*
During the assessment, Alternatives will ask questions about what you can and can not do. A *Care Plan* will be developed telling you what the aides will do when they are in your home, and how often they will come.

*What about doing yard work or shoveling snow?* Sorry, but what the aide can do is limited by the program. Part of your in-home assessment is to find out what you need to live safely at home. Alternatives will make suggestions, and give you information on how you can solve your problems.

*How much does it cost?* Another part of the in home assessment will be looking at how much money you have coming into your home, and what bank accounts and other resources you have. Alternatives will complete a *Financial Agreement* that will let you know what the approximate cost will be each month. You may not have to pay for services, depending on your income. If you do not want to tell what your income is, you may pay for the full cost of services.

*What if I’m not going to be home when the aide is scheduled to come?* Please see if you can change your appointment for another time. Doctor’s offices can be very accommodating, since they know what a valuable service EISEP is. If you can’t change, please let us know as soon as possible so that other arrangements can be made.

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**What is EISEP?** EISEP is a non-medical program to help those 60 and over with bathing and light housework if they are physically unable.

**Who is eligible?** People age 60 and older that has physical limitations that limit their ability to take baths and do housework, not eligible for Medicaid.

**How do I enroll in the program?**
Call NY Connects at 867-1415. They will take information so that a free in-home assessment can be done by the Alternatives in Long Term Care Program. After the assessment you will know if you are eligible to receive services, other

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