
Fixed Incomes

Trying to live on a fixed income can be difficult, especially these days. One of the many advantages of *Community Meals* is the price. The suggested donation is only **\$3.00** per meal! Persons with self-declared incomes at or above 185% of the federal poverty level are encouraged to make a contribution equal to the cost of the meal.

Herkimer County Office for the Aging/NY Connects now has the ability to accept online donations on our website. Anyone can donate. To make an online donation go to:

<http://herkimercounty.org/content/Departments/View/3> or you can mail your donation to Herkimer County OFA 109 Mary Street Suite 1101 Herkimer, NY 13350.

No one will be denied services for an inability to donate.

Each meal also includes bread, margarine, milk, and dessert.

Funding for Community Meals comes from federal AOA funds, the New York State Office for the Aging, and Herkimer County.

Herkimer County Office for the Aging

**County Office
Building
109 Mary Street,
Suite 1101
Herkimer, NY 13350**

Phone: 315.867.1204

Fax: 315.867.1448

**Web: www.herkimercounty.org
then “Departments”, then ‘Office
for the Aging’,**

Email: hcofa@herkimercounty.org



Community Meals

**Herkimer County
Office for the Aging**



***Proudly serving
Herkimer County***

Telephone: 315-867-1204

Community Meals For You

Community Meals are offered to those who are 60 years of age or older. They are also available to everyone living in the buildings where we serve our meals.



A full meal is offered at lunchtime, Monday through Friday, excluding the all holidays.

Each meal offers you an opportunity to enjoy a well-balanced meal without the shopping, cooking, and cleaning! You also get the benefit of enjoying a meal with others and to meet old and new friends.

Stop by the meal site or call the Office, make a reservation at least a day ahead and let us know what site you want to attend. *We'd love to have you!*

Where are the meal sites?

- Parkside Court
53 S. Main St., Dolgeville
- Rockton Plaza
550 John St., Little Falls
- Midtown Apts.
315 N. Prospect St., Herkimer
- London Towers
100 W. Main St., Ilion
- General Winfield Scott House
56 South St., West Winfield

You can visit any and all of the meal sites.

We understand that eating alone and cooking for one are frustrating for many older adults. Because we all get into a slump sometimes of eating the same things over and over, our Community Meals provide you with a great solution—a wide variety of meals at an incredibly reasonable price. Our suggested donation is only \$3.00 per meal. For guest under 60 is \$6.60 per meal.

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You can eat with us as often as you would like. We can provide you with a copy of our monthly menu so you will know what will be served. Just make your reservation and enjoy! Now, when your mouth is watering for a great meal, you can have it without all the hard work to put it together!

Come alone or with a friend! Call **867-1204** to make a reservation at least a day ahead.

